BEHAVIORAL HEALTH & WELL-BEING (BHWELL) LAB

IMPACT REPORT

Founder and Faculty Executive Director

Jodi Jacobson Frey, PhD, LCSW-C, CEAP University of Maryland, School of Social Work

*This report includes part of the Lab's soft-launch time in 2021 in addition to the 7/1/2021-6/30/2022 academic year.





LETTER FROM DR. JODI JACOBSON FREY

Professor at University of Maryland and Founding Faculty Executive Director of the Behavioral Health and Well-Being (BHWell) Lab

Dear Colleagues and Friends,

I am truly honored to write this letter of introduction for the first Impact Report summarizing work by the Behavioral Health and Well-Being Lab or BHWell Lab. Over the past year, we worked with faculty, staff, students, alumni, funders, and community stakeholders to create the mission of the Lab and to begin providing support and connection for people conducting research and offering education and training on behavioral health and well-being topics that focus on adults and emerging adults. This report includes a summary of work the Lab has been involved with during our soft-launch period through June 30, 2022.

The BHWell Lab officially "soft-launched" during March 2021, originating from a need for the University of Maryland, School of Social Work (UMSSW) to share research more publicly and intentionally collaborate with each other, in addition to building stronger research, teaching and practice relationships with the larger university and broader community.

The BHWell Lab's mission is centered on translating research into practice within the communities in which we serve and equally important is the translation of community needs and strengths back into research agendas, education and the development and implementation of skills training for social work practitioners.

The BHWell Lab has five primary areas of focus including:

- Mental Health and Well-Being;
- Addictive Behaviors;
- Trauma, Abuse and Suicide;
- Work-Life Integration; and
- Financial Well-Being and Economic Justice.

Each of these areas are defined broadly to provide a space and place for Lab affiliates to feel included and for their work to be centered. Many of these areas focus on primary concerns of behavioral health social workers who work with young adults and working-aged families who might be struggling in the various areas. Additionally, these areas are impacted by the systems of care, social determinants of health, and broader communities and social infrastructure that can either promote or prohibit positive behavioral health and wellbeing.

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The projects and related work connected to each of the Lab's primary areas of focus incorporate diverse research and training methods, with and for diverse populations and communities. All the research and programs affiliated with the BHWell Lab are centered around the Lab's core values, including advancing behavioral health, fostering equity and promoting well-being.

The BHWell Lab has been successfully created over the past two years by professionals who volunteered their time. The Lab is actively working to raise funds to support greater sustained growth for Year 2 and beyond – to support the work of the Lab's core faculty, staff and students, in addition to support programming including but not limited to, website expansion and research and training dissemination through social media and other public relations. The Dean made funding available through the Dean's Innovation Fund and the Richmond Innovation Fund; however, to date, we worked to build the foundation of the Lab without using any of these funds. We do plan to request use of some of these funds in Year 2 to help grow the Lab beyond its foundation. Future fundraising is also planned through several pathways including organizations, foundations and other interested groups and employers. Funding will be used to support the Lab's growth, while also providing support for projects that will be conducted that are research-focused and of interest to both the researcher, the funding organization and the community. The Lab also plans to increase grant submissions for internal and external grants.

The future of the Lab is bright! I thank you for taking time to read this Impact Report that highlights some of our research, grants, publications, presentations and media spotlights. As Faculty Executive Director, I look forward to working with current and future faculty, students, alumni, funders, and community stakeholders during Year 2 as we continue to build the Lab and work to conduct meaningful and equitable research that not only is designed to identify problems in our focus areas, but to work on solutions that are centered in equity, diversity, inclusion, and justice.

To stay updated about the Lab, please visit our website at www.BHWellLab.ssw.umaryland.edu and follow us on Facebook, LinkedIn and Twitter.

Sincerely,

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THE BEHAVIORAL HEALTH & WELL-BEING (BHWELL) LAB

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Committed to developing, implementing and disseminating collaborative research, training and education in emerging adult and adult behavioral health and well-being.

PRE-LAUNCH HISTORY OF THE LAB

During the summer of 2019, Dr. Richard Barth (Dean of UMSSW in 2019) met with faculty and research staff to discuss the idea of developing a 'Group' within the UMSSW that would more publicly collaborate with university and community stakeholders on research that informs practice related to adult and emerging adult behavioral health and well-being. Dr. Jodi Frey was asked to lead this group and became the Founder of the now formed Lab. She worked with interested faculty, staff and students to create the Behavioral Health and Well-Being Lab or BHWell Lab and Dr. Frey now serves as Faculty Executive Director.

Throughout 2019 and 2020, Dr. Frey worked closely with faculty, staff, alumni, students and administrators to create a vision and mission statement for the Lab and to consider how it might best be developed to serve the research needs of the UMSSW and the communities in which we partner. BHWell Lab is designed to foster collaboration among faculty, staff, students, and community stakeholders to allow for the sharing of ideas, expertise, and resources that will grow scholarship in social work behavioral health and well-being and lead to innovative, yet culturally responsive research responses and training to improve individual, family, group and community behavioral health and well-being outcomes.

In March 2021, the Lab was officially soft launched as our website: www.BHWellLab.ssw.umaryland.edu went live.

EQUITY, DIVERSITY AND INCLUSION (EDI)

The BHWell Lab was the first research entity on the University of Maryland, Baltimore Campus to develop and embrace an <u>Equity, Diversity and Inclusion (EDI)</u> statement that helps to guide all the work that we do. We are in the process of developing guiding principles that will further center our work on EDI tenants and provide a goal for always working to improve our research, practice and education connected to the Lab, framing our work in equity. One of our collective goals is to work harder and better as we strive to conduct and promote equitable, just, diverse, and inclusive research that actively challenges and responds to bias and all forms of discrimination and injustice. See our EDI statement below.

All programs and projects affiliated with the BHWell Lab are grounded in our diverse professions' ideals. These values guide us to conduct and promote equitable, just, diverse, and inclusive research and practice. We strive to be a Lab that supports research-informed practice and practice-informed research that actively challenges and responds to bias and all forms of discrimination and injustice. We seek to equitably improve access to care, dismantle policies and structures that create and exacerbate disparities, and improving systems to share power and reduce systemic injustices. To accomplish this, the Lab embraces practice-and community-engaged and informed research.

PROGRAMS & PROJECTS

The BHWell Lab's programs and projects focus on the following key areas of behavioral health and well-being: Mental Health and Well-Being; Financial Well-Being and Economic Justice; Work-Life Integration; Addictive Behaviors; and Trauma, Abuse and Suicide.

The programs and projects connected with these key areas are often interprofessional and interdisciplinary. In addition to social work, research and collaborating partners include scholars and community stakeholders from the fields of medicine, public health, law, business, nursing, pharmacy, psychology, and epidemiology.

While many of the Lab's projects focus in and around our University campus, in Baltimore City, our reach extends throughout the State of Maryland and nationally. We have several projects in other states, several that are nationally focused and a few that are international. As we work to grow the Lab, we continue to develop relationships more formally with researchers outside of the UMSSW and stakeholders in the community. As we enter Year 2 of the Lab, we will work to include and widely share research by additional UMSSW and UMB faculty and formalize the role of Lab affiliates and associates.

The Lab shares resources through internally and externally funded projects and is working to develop infrastructure at the UMSSW to build larger and longer sustained creative projects in behavioral health and well-being, in addition to supporting new research faculty and students. The Lab also shares resources through our public relations programming to disseminate research findings and work to translate research into practice working closely with the Office of Continuing Professional Education for example.

SAMPLE OF CURRENT RESEARCH AND PROJECTS

Below are a sample of our current Lab projects. To see more, please see our website.

<u>Innovations in Recovery through Infrastructure Support (IRIS)</u>

Led by Co-PIs, Drs. Jay Unick and Michelle Tuten, and funded by the National Institute of Drug Abuse, IRIS is a four-year project that is connecting community providers of Opioid Recovery Support Services to academic researchers. IRIS also funds pilot community-led projects designed to build relationships and improve our understanding of what works to support recovery. IRIS projects are bridging the communications gap between community providers and academics so that research on opioid recovery is directly relevant to individuals suffering from Opioid Use Disorder and will allow us to improve the quality of care delivered in our community.



<u>Preventing Suicide in Michigan Men (PRiSMM)</u>



The PRiSMM project is funded by the Centers for Disease Control and Prevention (CDC) to the Michigan Department of Health and Human Services and is a comprehensive multi-component collaboration designed to reduce rates of suicide morbidity and mortality among adult men in Michigan. Dr. Jodi Frey and the research team at UMSSW are leading a key component of the project the evaluation of Man Therapy Michigan, a statewide public health campaign targeted at working-aged men to combat the stigma surrounding mental health, reduce suicidal ideation and depression, and improve help-seeking and support.

Project Transcendence - HIV PrEP Uptake, Use, and Adherence Among Black Transgender Women

Funded by Gilead Sciences Inc., the goal of this study is to determine factors that impact engagement in the HIV prevention continuum for Black transgender women in two communities and pilot a gender affirmation theory informed group level intervention designed to move Black transgender women through the prevention continuum. This project is led by Dr. Darren Whitfield with Co-Is, Drs. Ayana Elliott, Cristian Chandler, and Typhanye Dyers.

Workplace PROSPER (Partnering to Reduce Opioid Stigma and Promote Employment in Recovery)

Funded by two CDC and Prevention cooperative agreements with the Maryland Department of Health, Workplace PROSPER is a multi-year project that is interdisciplinary and working to provide Maryland with a durable and sustainable set of resources to support employees and employers related to opioid use and recovery in the workplace. Led by Co-PIs, Drs. Marianne Cloeren and Jodi Frey, this work builds on a related project, Operation PROSPER that focuses on the role of peer support in workforce development and recovery from opioid use disorder.



Behavioral Health Workforce Integration, Service, and Education (BHWISE)

The BHWISE Fellowships are a group of workforce development projects that support the training of social workers and those in other health professions in the field of behavioral health. BHWISE receives funding support from Health Resources and Services Administration (HRSA), Maryland Behavioral Health Authority, and the University System of Maryland.

Psychosocial Problems, Positive Development, and Educational Outcomes



Funded by the National Institutes of Health (NIH), despite a reduction in racial gaps, educational achievement remains a major public health crisis for Black adolescents. The study explores how developmental assets mediate and moderate relations between psychosocial problems and educational outcomes among Black youth, while considering the effect of contextual factors. Further, the study investigates whether these relations vary by cultural factors (ethnicity, racial socialization), sex, and younger versus older youth. Study findings will improve precision in identifying culturally relevant targets of interventions designed to promote better educational outcomes among Black youth and address racial disparities in adolescent educational outcomes. This project is led by Dr. Theda Rose with Co-Is Drs. Gregory Hancock and Sean Joe.

Mental Health and Addictions Health Disparities (MHAHD) Think Tank

Dr. Frey co-chairs the University's Mental Health and Addictions Health Disparities Think Tank with Dr. Melanie Bennett of the UMSOM. Together, the effort of this Think Tank is affiliated with the BHWell Lab as they work to connect researchers and center health equity in the conversations throughout the University and work with community partners on research to identify, implement and evaluate solutions.

BHWELL LAB FUTURE

The future of the Lab is bright! As referenced previously, we will work to expand our UMSSW affiliates, reaching out to connect with additional SSW faculty and students. We will continue to partner with the Office of Continuing Professional Education to disseminate research and translate research into practice. We will also continue our partnership with the Office of Diversity, Equity and Inclusion, and partnership with the Thursz Professorship as we co-plan, co-develop, and co-brand additional training. We will work to expand our EDI statement to include well-developed value statements to help support the vision and all the work of the Lab. We will seek funding to support more intentional collaboration and impact from community stakeholders, and we will work creatively to fund the Lab to support continued and smart, growth for the School.



ab YEAR-END HIGHLIGHTS

25

Affiliated Faculty & Staff

Students
Supported and
Working on
Projects

28

Funding through new grants totaling over

\$1.3

MILLION

for UMSSW PIs only in AY22

25

BA through PhD

Educational Seminars, Training Events, and Professional Development Presentations

12

New Projects Funded by Internal & External Competitive
Grant Mechanisms

Published more than

Presented more than

Engaged in

50

40

20

peer-reviewed publications

times at professional conferences and community events

major press & media activities

PROGRAM & PROJECT UPDATES

Research and related projects with new start dates during Year 1 (new funded projects and new unfunded projects)

Mental Health and Well-Being

- Social Ecological Assets and Mental Health among Diverse Youth: An Application of the Dual-Factor Model funded by National Institutes of Health/Duke University (PI: Theda Rose)
- Bringing Health Home: Evaluation of a Residential-based Telehealth Care-Coordination Intervention funded by National Institutes of Mental Health (NIMH) (Pl. Jay Unick)
- Behavioral Health Workforce Education and Training-Competitive Renewal funded by Human Research Services Administration (HRSA) (PI: Paul Sacco)

Addictive Behaviors

- Innovations in Recovery through Infrastructure Support (IRIS) funded by National Institutes of Health, National Institute on Drug Abuse (NIDA) (PIs: Jay Unick & Michelle Tuten) (also linked to Mental health and well-being)
- Outlining Impacts of Drug Decriminalization in Maryland: A Scoping Review funded by Open Society Foundation (PI: Corey Shdaimah)

Trauma. Abuse and Suicide

- Man Therapy Evaluation in Washington County funded by U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA) and administered through South County Healthy Bodies, Healthy Minds (PI: Jodi Frey)
- Preventing Suicide in Michigan Men (PRISMM) funded by U.S. Centers for Disease Control and Prevention (CDC) and administered through Michigan Department of Health and Human Services (PI: Jodi Frey) (also linked to Mental Health and Well-Being)

Work-Life Integration

 Voices of Home-Based Providers: Perspectives from the Early Childhood Field funded by the Washington Center for Equitable Growth (PI: Corey Shdaimah)

Financial Well-Being and Economic Justice

- Leveraging State Longitudinal Data in Maryland to Examine Longer-Term Effects of Multi-Tiered PBIS funded by American Educational Research Association (PI: Angela Henneberger)
- Prioritizing Our Women's Economic Rise (POWER) Collaborative funded by JP Morgan Chase (Site-PI: Jodi Frey)
- Rebuilding Financially After Bankruptcy funded by Saul Zaentz Charitable Foundation (PI: Christine Callahan)
- Helping Professions Build Economic Mobility: Expanding Programs to Move Social Work Students from Economic Crisis to Engagement and on to Financial Well-Being funded by TRUIST Foundation (PI: Christine Callahan)

Current projects that received additional funding or continued funding with the reporting time (and unfunded projects) with Year 1

Mental Health and Well-Being

- Promise Heights: A Promise Neighborhood in West Baltimore funded by United States Department of Education (Evaluator: Angela Henneberger)
- Voices of Youth and Parents Exploratory Study funded by State of Maryland's Administrative Office of the Courts Foster Care Court Improvement Program (PI: Corey Shdaimah)
- Psychosocial Problems, Positive Developmental, and Educational Outcomes funded by National Institutes of Health, Eunice Kennedy Shriver National Institute of Child Health and Human Development (PI: Theda Rose)
- Arundel Lodge CCBHC Expansion and Behavioral Health Urgent Care Clinic Evaluation funded by Substance Abuse Mental Health Services Administration (Pl: Nicole Mattocks)
- Bringing Health Home: Evaluation of a Residential-based Telehealth Care Coordination Intervention funded by National Institutes of Mental Health (PI: Jay Unick, Co-PI: Nicole Mattocks)
- Assessment of Medherent Medication Management Device and Adherence Platform funded by National Institutes of Mental Health (Pl: Jay Unick)
- PROMIS Profile Measures in Older Adults Identifying Cognitive Thresholds for Reliable and Valid Responses funded by National Institute on Aging (Co-I: Jay Unick)
- BHWISE Lifespan, renewed for another five years to support 116 fellowship students (PIs: Michele Beaulieu & Paul Sacco)
- Behavioral Health Workforce Integration Service and Education Lifespan (BHWISE) funded by U.S. Department of Health and Human Services (HRSA) and Behavioral Health Workforce Education and Training (BHWET) (PI: Paul Sacco, Co-I: Bethany Lee) (also linked to Addictive Behaviors and Trauma, Abuse and Suicide)
- Assessing Psychosocial Predictors of PrEP Adherence and Persistence Among Young Black MSM funded by National Institutes of Mental Health (PI: Darren Whitfield)

Addictive Behaviors

- Opioid Workforce Expansion Program funded by U.S. Department of Health and Human Services (PI: Paul Sacco)
- Workplace PROSPER: Partnering to Reduce Opioid Stigma and Promote Employment in Recovery funded by U.S. Centers for Disease Control and Prevention through the Maryland Department of Health (PIs: Marianne Cloeren & Jodi Frey) (also linked to Work-Life Integration)
- Innovations in Recovery through Infrastructure funded by National Institutes of Health, National Institute on Drug Abuse (PIs: Jay Unick & Michelle Tuten)

Trauma. Abuse and Suicide

 Washington County Zero Suicide Grant Program funded by U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration and administered through South County Healthy Bodies, Healthy Minds (Site-PI: Jodi Frey)

 Preventing Suicide in Michigan Men (PRISMM) funded by U.S. Centers for Disease Control and Prevention (CDC) and administered through Michigan Department of Health and Human Services (Site-PI: Jodi Frey) (also linked to Mental Health and Well-Being)

Work-Life Integration

- Parent Talk Program Development and Evaluation Planning funded by Erin Levitas Foundation (PI: Laurie Graham)
- Teacher Talk Program Development and Evaluation Planning funded by Erin Levitas Foundation (PI: Laurie Graham)
- Violence Against Children and Youth Racial Disparity Project funded by National Association of County and City Health Officials (Co-Pls: Laurie Graham & Kyla Liggett-Creel)
- Preserving the Health of Social Workers During the Pandemic and Beyond through Emotional Preparedness funded by National Institutes of Health (Co-I: Debbie Gioia)

Financial Well-Being and Economic Justice

- I am College Ready Solutions: Examining Peer Mentoring and College and Career Readiness in Minority Boys, unfunded (PI: Angela Henneberger)
- Imagine Me: Examining Group Mentoring to Promote Positive Youth Development in Minority Girls, unfunded (PI: Angela Henneberger)
- Cross Sector Research to Inform Policy and Practice with the Maryland Longitudinal Data System (MLDS) Center funded by State of Maryland (PI: Angela Henneberger)
- Protecting Against Adverse Childhood Experiences (ACES) in Baltimore through the Earned Income Tax Credit (EITC) funded by U.S. Department of Health and Human Services/Office of Minority Health (Site-PI: Christine Callahan) (also linked to Mental Health and Well-Being)
- The University of Maryland School of Social Work/Financial Social Work Initiative: Financial Social Work Certificate Program Online funded by Calvin K. Kazanjian Economics Foundation (Pl. Christine Callahan)
- Exploring Financial Capability Needs in Participants of Maryland Drug Court funded by University of Maryland School of Social Work, Competitive Innovative Research Award (PI: Christine Callahan)

Recently completed projects (2021)

- Health and Human Services Human-Centered Leadership Certificate, Human-Centered Leadership Development for Women Health and Human Service
 Professionals funded by the Joseph and Harvey Meyerhoff Family Charitable Fund
 (Pls: Karen Hopkins & Megan Meyer)
- Interactive Suicide Prevention (ISP) Workplace Program Evaluation funded by American Foundation for Suicide Prevention (PI: Jodi Frey)

EDUCATION & TRAINING

We welcomed the following students working on various projects this year:

- Jeffery Anvari-Clark*, School of Social Work
- Alicia Bazell*, School of Social Work and School of Public Health (Johns Hopkins University)
- Eva Bialobrzeski, School of Social Work
- Lauren Bosak, School of Medicine
- Jean Clement, School of Medicine
- Vanessa Clergeau, School of Pharmacy
- Yali Deng, School of Social Work
- · Cara Dooley, School of Medicine
- · Cailey Duffy, School of Law
- · Jon Gilgoff, School of Social Work
- Mandy Huang Troendle, School of Medicine
- Margo Huffman, School of Medicine
- Rachel Imboden, School of Social Work
- Katie Jank*, School of Social Work
- Jenny Lee, School of Social Work
- · Zayna Lyon, School of Social Work
- Sakiera Malone, School of Social Work
- Ivan Mamoutline, School of Social Work (Thomas S. Wootton High School)
- Lauren McCarthy, School of Social Work
- Matt McQuilkin, School of Social Work
- Judy Noh, School of Pharmacy
- Chidera Ofonedu, School of Public Health (George Washington University)
- Eunsong Park, School of Social Work
- Shreenidhi Sharma, School of Medicine
- Marissa Tan, School of Medicine
- Maura Tennor, School of Social Work
- Orrin Ware*, School of Social Work
- Stephen Weyler*, School of Law

We held several meetings to work with interested faculty and staff on creating a vision for the Lab, building collaborations, and obtaining funding through grants and corporate and community partnerships. Dr. Frey initially assembled a group of core members who met three times during the reporting period (July 2021; November 2021; February 2022).

EDUCATION & TRAINING 12

^{*2021} and 2022 Graduates

In addition to hosting meetings for BHWell Lab faculty and students, we conducted (or co-hosted) educational seminars and training events and presentations open to faculty, staff and students, including, but not limited to:

- COVID and Mental Health, presented for social work practitioners as part of the BHWISE projects.
- Tips for Successful Supervision with Social Work Students, presented for UMSSW field instructors as part of the BHWISE projects.
- From the Civil Rights Movement to Black Lives Matter: Oral Histories of the Lived Experience in Baltimore. Interdisciplinary Co-Lab, Digital Oral History Collection, a Special Project presented by Dr. Nancy Kusmaul during summer 2021.
- Drs. Jodi Frey and Jay Unick, with SSW alum Regina Salliey as the moderator, presented "Research to practice and practice to research" for UMSSW's Creating and Facilitating Conversations on Critical Topics in Social Work Critical Convo series in October 2021.
 - Dr. Alicia Lucksted, Associate Professor, presented "<u>Think outside the stigma:</u>
 <u>Internalized and anticipated stigma as hazards to care access, outcomes and equity for stigmatized health conditions</u>" in October 2021
 - Dr. Beshaun Davis, Assistant Professor, presented "<u>Disparities at all levels: A</u> snapshot of the psychosis continuum" in October 2021
 - Dr. Mary Katherine Howell, Visiting Post-Doctoral Fellow, presented Allied Health Fellow, US Department of Veterans Affairs, "Assessing Cultural Identity during Research and Clinical Care: A Brief Assessment" in April 2022
 - Dr. Darren Whitefield, Associate Professor, presented, "Psychosocial Research among LGBTO Communities: Advancing Health and Well-Being" in April 2022
- Tyrell Moyd, 3C Recovery Support Training Institute, and Rev. Vaile Leonard, Light of Truth Center, Inc., presented "Conflict Resolution and De-Escalation: The art and science of managing conflicts within opioid support service delivery" in November 2021.
- Mental Health First Aid Training was conducted for the community by a certified instructor from Mental Health First Aid USA as part of the IRIS program.
- The Lab promoted the inaugural meeting for the Community Justice and Equity (C-JAE) Initiative hosted by Dr. Corey Shdaimah in February 2022.
- Dr. Frey and Seante Hatcher met several times in preparation of hosting four Lab and Office of Continuing Professional Education (CPE) co-branded Faculty Fiesta's to showcase faculty and staff research and scholarship:

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- Dr. Nicole Mattocks, Research Assistant Professor, presented "Measuring what matters: Using data to evaluate, develop, and improve programs" in March 2022
- Dr. Jodi Frey, Professor, presented "Upstream, midstream, and downtown approaches: An introduction to the National guidelines on Workplace Suicide Prevention" in April 2022
- Dr. Jeffrey Anvari-Clark Assistant Professor, presented "Understanding Financial Behavioral Health: Considerations for Clinical Practitioners" in May 2022
- Dr. Christine Callahan, Research Associate Professor, presented "The Intersection of Problem Gambling and Financial Capability: What can Clinicians Learn from the Research" in May 2022
- The Lab co-hosted "Innovative ways using social media platforms for research participant recruitment and participation", which was presented by Dr. Rachel Breman and Dr. Jaih Craddock for the ICTR Enrichment Seminar in March 2022.
- Intimate partner violence (IPV): Interprofessional strategies for prevention and response was presented by Michele Beaulieu and Dr. Laurie Graham in April 2022.
- Drs. Jodi Frey and Patricia Herlihy grew the International Employee Assistance
 Digital Archive to over 140,000 downloads from more than 10 countries. Together,
 they presented seven webinars to Employee Assistance Professionals Association
 (EAPA) chapters throughout the U.S. and three additional professional
 organizations.

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FUNDING

To support the research, education and training, and collaborative partnerships of the BHWell Lab, faculty, staff and stakeholders work to partner with diverse organizations, including but not limited to, federal and state entities, national organizations, and national and local foundations.

We worked with community organizations and workplaces to develop partnerships that foster creativity with research that is culturally responsive to the needs of our community partners and contributes to the growing field of behavioral health and well-being research that centers an equity lens.

We worked closely with the UMSSW Office of Development and Alumni Relations and the UMB Office of Corporate and Foundation Relations and secured our first endowed fund, Focused Solutions Endowment Fund, in the amount of \$25,000, which will be paid in full over the next two years and matched by the UMB Foundation to total \$50,000 when fully funded. The fund will provide continued support through dividends that will be used to support students and/or Lab programming in the future.

We worked with community partners to secure funds from three collaborating partners: Lower Shore Clinic, Terrapin Pharmacy and Stulman Foundation, to support three years of funding for a full-time BHWell Lab Research Assistant Professor. These grants total \$450,000 for the project that starts fall 2022 and a portion of the funds are earmarked to start a UMSSW Fund for the Lab in the amount of about \$42,000 over three years, with plans to grow as more grants are sought. The Research Assistant Professor will be embedded in the Lower Shore community to conduct research and will be supervised and mentored by Drs. Frey and Unick with opportunities to submit additional grants to grow this position and the Lab.

UMB faculty affiliates of the Lab applied for 25 grants during AY22. This does not include any gifts that would not have been routed through the UMSSW Pre-Award Office. Faculty successfully were awarded 9 grants totaling more than \$1.3 million. Fourteen additional grants totaling nearly \$7.5 million submitted in AY22 are still under review at the time of this report.

Some of the funders who have supported Lab-connected research projects and programs include:

 Alzheimer's Association Advancing Research on Care and Outcome Measures (ARCOM)

[1] If grant activity during the soft-launch (March-June 2021) was included, the numbers increase to 42 grant submissions, of which 17 were awarded totaling more than \$3.3 million

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- American Educational Research Association
- Human Research Services Administration (HRSA)
- JP Morgan Chase Foundation
- The Calvin K. Kazanjian Economics Foundation
- National Institutes of Health (NIH)
 - Duke University Office of Government Relations
 - Eunice Kennedy Shriver National Institute of Child Health and Human Development
 - National Institute of Drug Abuse
 - National Institute of Mental Health
- Open Society Foundation
- Oregon Community Foundation
- Richmond Innovation Fund and University of Maryland
- Saul Zaentz Charitable Foundation
- State of Maryland
 - Administrative Office of the Courts Foster Care Court Improvement Program
- TRUIST Foundation
- U.S. Centers for Disease Control and Prevention (CDC)
 - o funded through Maryland Department of Health
 - funded through Michigan Department of Health and Human Services
- U.S. Department of Education
- U.S. Department of Health and Human Services
 - Office of Minority Health
 - Substance Abuse and Mental Health Services Administration (SAMHSA), funded through South County Healthy Bodies, Healthy Minds
- University of Maryland, Baltimore Foundation

As we work to grow the Lab, we will continue to develop relationships more formally with researchers inside and outside of the UMSSW and stakeholders in the community. We will work to include and widely share research by additional UMSSW and UMB faculty and formalize the role of Lab associates who work outside of the UMB but are connected to the Lab's mission and our School through their research or related programs.

We plan to seek funding to support more intentional collaboration and impact from community stakeholders, and we will work creatively to fund the Lab to support continued and smart, growth for the School.

BHWell Lab leadership will continue to meet with the Office of Development and Alumni Relations and the Office of Corporate and Foundation Relations quarterly to review potential collaborations for innovative funding. We will also work to provide resources to faculty connected to the Lab to support the development of research agendas and support for external grant submissions focused on adult and emerging adult behavioral health.

We will work to expand our EDI statement to include well-developed value statements to help support the vision and all the work of the Lab.

Below are examples of quantitative and qualitative benchmarks for our next periodic review:

- Create a Lab Affiliate Agreement form with a goal of having at least 50% of affiliated faculty connected sign and agree to this more formalized relationship.
- Survey faculty connected to the Lab and strive for 90% or above satisfaction rates with programming, meetings and future outlook.
- Hold at least two meetings per year for Lab affiliates.
- Finalize and publicize our EDI values.
- Work with UMSSW and other partners to facilitate, co-facilitate or sponsor/co-sponsor at least four trainings per year.
- Utilize the Lab's social media channels to promote news, events and activities focused on adult and emerging adult behavioral health and well-being, as well as related information from Lab Affiliates.
 - Facebook and Twitter
 - Post at least once a week
 - Increase our following by 5% in Year 2
 - LinkedIn
 - Post at least once a week
 - Increase our following by 15% in Year 2
- Monitor how Lab faculty and staff contribute to other projects to assess the need for resources to grow the Lab and resources that may carry over to needs for the UMSSW overall.
- Determine needs from faculty connected to the Lab regarding grant application assistance and begin to provide support in ways such as, but not limited to, mentoring, templates and examples, editing and other technical assistance.
 - Strive to have 50% of grants submitted by Lab affiliates will have some level of financial or in-kind support built into their grant applications.
- Continue to encourage discussion, active research and public dissemination about Equity, Diversity, and Inclusion (EDI) related activities and share with partner organizations within and outside of the UMSSW.
- Work with UMSSW Communications and Lab Communications to refresh and update the Lab website.

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BY BHWELL LAB FACULTY, STAFF & STUDENTS

Below is a summary of some of the professional publications published by BHWell Lab faculty, staff and students during Year One that relate directly to one of the Labaffiliated projects. Publications noted with (*) at the end indicate a focus, or substantial content, focused on EDI.

Acquavita, S. P., Canada, K., Lee, B. R., Johnson, S., Harley, D., Beaulieu, M., & Cary, S. (2021). Integrated care: Training the next generation of social workers. Journal of Social Work Education, 1-12.*

Boyd, D. T., Ramos, R. S., Whitfield, D. L., Threats, M., Adebayo, O. W., & Nelson, L. E. (2022). A longitudinal study on the influence of sibling support and HIV testing among Black youth. Journal of Racial and Ethnic Health Disparities, 1-8.

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 <u>Item response theory analysis: PROMIS® Anxiety Form and Generalized Anxiety Disorder Scale. Western Journal of Nursing Research, 1-8.</u>
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- Nichols, H. M., Dababnah, S., Berger, Z., Long, C., & Sacco, P. (2021). Can you hear me now? Effects of patient-centered communication with young adults aged 26 to 39. Journal of Patient Experience, 8, 1-8
- Osteen, P. J., Ohme, K., Morris, R. C., Arciniegas, J., Frey, J. J., Woods, M., & Forsman, R. L. (2021). Suicide intervention training with law enforcement officers. Suicide and Life-Threatening Behavior, 51(4), 785-794.

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- Rose, T., Hope, M. O., Powell, T. W., & Chan, V. (2021). A very present help: The role of religious support for Black adolescent girls' mental well-being. Journal of Community Psychology, 49(5), 1267-1281.*
- Saleem, F., Lambert, S., & Rose, T. (2022). Ethnic-racial socialization as a moderator of associations between discrimination and psychosocial well-being among African American and Caribbean Black adolescents. Cultural Diversity and Ethnic Minority Psychology, 28(2), 145.*
- Shdaimah, C., Summers, A., & Park, E. (2021). Using emancipation checklists with youths aging out of foster care: An example from Prince George's County, Juvenile and Family Court Journal, 72(2), 59-79.
- <u>Ting. L., Emery. L., & Sacco, P. (2021). Implementation challenges of SBIRT in social work education and practice: Perspectives of students, field instructors, and faculty. Journal of Social Work Education, 57(1). 113-126.</u>
- <u>Uretsky, M.C. & Henneberger, A.K. (in press). Expanding the understanding of high school non-graduates through a comparison of high school dropouts and persisters. Journal of Education for Students Placed at Risk. Advance online publication.</u>
- <u>Uretsky, M. C., Shipe, S. L., & Henneberger, A. K. (2021). Upstream predictors of the need for developmental education among first-year community college students. Community College Journal of Research and Practice, 45(2), 139-153.</u>
- Ware, O. D., Frey, J. J., Cloeren, M., Mosby, A., Imboden, R., Bazell, A. T., ... & Sherman, S. A. (2021). Examining employment and employment barriers among a sample of patients in medication-assisted treatment in the United States. Addictive Disorders & Their Treatment, 20(4), 578-586.*
- Ware, O. D., Cagle, J. G., McPherson, M. L., Sacco, P., Frey, J., & Guralnik, J. (2021). Confirmed medication diversion in hospice care: Qualitative findings from a national sample of agencies. Journal of Pain and Symptom Management, 61(4), 789-796.
- Whitfield, D. L., Nelson, L. E., Komárek, A., Turner, D., Ni, Z., Boyd, D. T., ... & Wheeler, D. P. (2022). Implementation of client-centered care coordination for HIV prevention with Black men who have sex with men: Activities, personnel costs, and outcomes—HPTN 073. Journal of Racial and Ethnic Health Disparities, 1-10.*

PRESENTATIONS

BY BHWELL LAB FACULTY, STAFF & STUDENTS

Beaulieu, J., Gill-Peterson, J., Whitfield, D. L., Jones, M., Rubison, A., Reiver, M., & Stanley, D. (2021, July). To be oneself. Presentation at the 2021 Diversity Forum, University of Pittsburgh, Office of Equity, Diversity, and Inclusion. Pittsburgh, PA.

Corazzini, K., Lepore, M., Kusmaul, N., Holmes, S., Myer, D., & Rahmaty, Z. (2021, November). Personcentered care post-pandemic in rural U.S. settings: Use of WE-THRIVE measures. Presentation at the Gerontological Society of America's annual scientific meeting. Online/Virtual.

Ellington, R., Dodo Seriki, V., Stein, M., & Henneberger, A.K. (2021, September). MD-CRUSE: Maryland collaborative for research in urban STEM education. Presentation at the AERA Annual Meeting Peers Data Hub. Online/Virtual.

Francois, A., Henneberger, A.K., & Mata, C. (2021, August). Building a bridge to graduation: Implications for research, practice, and policy. Presentation at the National Center for Education Statistics STATS-DC Data Conference, U.S. Department of Education. Online/Virtual.

- Frey, J. J., Osteen, P., Gilgoff, J., & Mosby, A. (2022, June). Effectiveness of Man Therapy to reduce suicidal ideation and depression among working-age men: A randomized controlled trial. Presentation for Suicide Research Symposium, Inaugural Conference. Online/Virtual.
- Frey, J. J., & Granz, K. (2022, May). Working together to prevent suicide among working-age men in rural communities. Presentation at the annual Michigan Suicide Prevention Community, Technical Assistance Meeting (CTAM), Roscommon, MI.
- Frey, J. J., Osteen, P., & Gilgoff, J. (2022, May). Man Therapy: Online program to reduce suicidal ideation and depression among working-age men: Results form a randomized controlled trial. Presentation at the International Association for Suicide Prevention, 10th Asia Pacific Conference, Queensland, Australia, hybrid event.
- Frey, J. J., Mortali, M., & Spencer-Thomas, S. (2021, April). Putting the national guidelines for workplace suicide prevention into action: Guiding principles and practices for diverse workplaces and professional organizations. Pre-conference training presentation for the Annual Conference of American Association of Suicidology. Online/Virtual.
- Frey, J. J., Balcer, K., & White, K. (2021, July). Working together to prevent suicide among working-age men in rural communities: Collaborating with researchers and practitioner in Michigan. Presentation at the Michigan Rural Health Conference. Online/Virtual.
- Frey, J. J. (2021, September). Suicide prevention is all of our business: National guidelines for workplace suicide prevention. Presentation at the American Psychological Association, Center for Workplace Mental Health. Online/Virtual.
- Frey, J. J. (2021, October). Preliminary results from the Employee Assistance Roundtable salary and value services survey. Presentation at the Employee Assistance Roundtable Conference. Online/Virtual.

Frey, J. J. & Granz, K. (2022, January). Working together to prevent suicide among workingaged men in rural communities: Collaborating with researchers and practitioners in Michigan to broaden outreach and inclusion of hard-to-reach men throughout the state. Presentation at Kevin's Song Annual Conference. Online/Virtual.

Graham, L. M. (2021, September). Adverse childhood experiences and sexually problematic behaviors. Presentation for Erin Levitas Initiative for Sexual Assault Prevention incoming law students. Online/Virtual.

Graham, L. M., Devaney, J., Frederick, J., Jun, H., Gover-Chamlou, A., Kim, J., Power, L., Macy, R. J. (2021, September). Prevalence and characteristics of intimate partner violence related child deaths: Methods and challenges from a scoping review. Symposium presentation at the European Conference on Domestic Violence. Online/Virtual.

Graham, L. M. (2021, October). Prevalence and characteristics of intimate partner violence-related child deaths: A scoping review. Presentation for the Gender-Based Violence Faculty Interest Group. Baltimore, MD.

Harmon-Darrow, C., Jackson, A., Mueller, D., Franke, N. D., Afkinich, J., & Shdaimah, C. (2022, January). National landscape of police-assisted diversion programs: A qualitative study examining an alternative approach to policing and public safety. Presentation at the Society for Social Work and Research Annual Conference. Washington, DC.

Henneberger, A.K. (2021, August). Applied social science research conducted with STEM education data. Presentation at Morgan State University. Online/Virtual.

Henneberger, A.K. & Rose, B.A. (2021, August). Handling student mobility in educational research: Practical examples from Maryland. Presentation at the National Center for Education Statistics STATS-DC Data Conference, U.S. Department of Education. Online/Virtual.

Henneberger, A.K. & Mushonga, D.R. (2021, November). The black-white paradox of mental health among college-attending emerging adults. Presentation at the meeting of the Society for the Study of Emerging Adulthood. Online/Virtual.

Henneberger, A.K. (2021, November). Dual enrollment. Presentation for the Maryland Longitudinal Data Systems Center General Assembly Lunch and Learn. Online/Virtual.

Henneberger, A.K. & Rose, B.A. (2021, November). Handling student mobility in state longitudinal data systems: Applications from Maryland. Presentation at the annual meeting of the State Longitudinal Data Systems Best Practices Conference. Online/Virtual.

Henneberger, A.K. & Mushonga, D.R. (2022, March). Peer influence and adolescent substance use: A systematic review of dynamic social network research. Paper presented at the Society for Research on Adolescence biennial meeting. Online/Virtual.

Henneberger, A.K. (2022, March). Using a continuum of risk framework to link homelessness in secondary school to postsecondary and early labor market outcomes in Maryland public schools. Presentation for the Maryland Equity Project Colloquium Series, University of Maryland College Park. Online/Virtual.

Henneberger, A.K. (2021, October). The effect of a dual enrollment tuition subsidy for students eligible for free/reduced price meals: Evidence from CCR-CCA in Maryland. Presentation for the Maryland Longitudinal Data Systems Research Series. Online/Virtual.

Hopkins, K. & Meyer, M. (2021). Expanding the bench: Implementation of performance measurement learning with social work graduate students and human service professionals of color. Presentation at the National Network for Social Work Managers Annual Conference. Online/Virtual.

Hopkins, K, Meyer, M., & Afkinich, J. (2021). Impact of collective leadership development and coaching on individual behavior and organizational practices. Presentation at the Society for Social Work and Research Annual Conference. Online/Virtual.

Hopkins, K. & Meyer, M. (June, 2021). Impact of a human services leadership certificate program on women's individual behavior and organizational practices. Presentation at the Network for Social Work Management Summit. Online/Virtual.

Hopkins, K. & Meyer, M. (2021, December). Human services leadership certificate program and evaluation: Impact on women's leadership learning and organizational application. Presentation at the Yonsei University School of Social Welfare, Seoul, South Korea meeting. Online/Virtual.

Kranke, D., Gioia, D., Muldoh, Y. (2021, November). Emotional preparedness and its implications during the pandemic among social workers. Presentation at the Council on Social Work Education's Annual Program Meeting. Online/Virtual.

Mattocks, N., Siegel, J., & Unick, G.J. (2022, January). Self-report medication adherence and clinical outcomes after implementing a telemedicine intervention to individuals with severe mental illness. In Mattocks, N. (Chair), Evaluation of a telemedicine intervention to improve adherence outcomes among individuals with severe mental illness. Symposium presentation at the Society for Social Work and Research Annual Conference. Washington, DC.

Miller, V., Kusmaul, N., Cheon, J.H., & Burns, J. (2021, November). "It was heartbreaking... It was horrible": The experiences of nursing home residents' children during COVID-19. Presentation at the Gerontological Society of America Annual Scientific Meeting. Online/Virtual.

Moracco, K. E., Macy, R. J., Embry, V., Graham, L. M., Marshall, S., Martin, S. L., McCort, A., Moore, A., Quimbo, J., Reyes, H. L. M., Scheffey, K., Taraskiewicz, L., Walker, J., & Young, B. R. (2021, September). Evaluating Wise Guys: The Next Level (WGNL) – A research journey. Presentation for the Division of Violence Prevention, Centers for Disease Control and Prevention Wrap-Up Webinar. Online/Virtual.

Mueller, D., Franke, N. D., Afkinich, J., Jackson, A., Harmon-Darrow, C., & Shdaimah, C. (2021, November). Navigating theoretical tensions and perspectives across the national landscape of police-assisted diversion programs. Roundtable presentation at the American Society of Criminology Annual Meeting. Chicago, IL.

Sacco, P., Ting, L., Burda, C., Johnson, M., Fornili, K. & Weintraub, E. (2022, June). Training the next generation of substance use disorder clinicians committed to working with underserved communities. Presentation at the College on Problems of Drug Dependence, Minneapolis, Minnesota.

Sacco, P., Yu, M. & Lee, S. (2021, January). Effects of early nicotine product use patterns five years later: Findings from the PATH Study (2013-2018). Presentation at the Society for Social Work and Research Conference. Online/Virtual.

Schindler, J., Stabile-Quinn, P., Beaulieu, M. & Sacco, P. (2022). Preparing students to provide tele-behavioral health services. Presentation at HRSA Health Workforce Virtual All-Grantee and Stakeholder Meeting. Online/Virtual.

Shdaimah, C. (2022, June). New research on emerging challenges and opportunities in care work and policy implications. Symposium presentation at the Labor and Employment Relations Association Annual Meeting. Online/Virtual.

Tan, M., Cloeren, M., Frey, J. J., Imboden, R., & Mosby, A. (2022, May). Work and people with opioid use disorder: Psychosocial barriers to work predict lower odds of seeking employment. Presentation at the Improving Outcomes in the Treatment of Opioid Dependence Conference. Online/Virtual.

Unick, J., Falon, V., Bambarger, K., Heiser, P., Biernot, J., Gruber-Badini, A.L., Shulman, L.M. (2021). Effects of age and cognitive impairment on PROMIS-57 Profile Responses. Presentation at the Patient Reported Outcomes Conference. Online/Virtual.

Uretsky, M.C. & Henneberger, A.K. (2022, April). Proximal secondary, postsecondary, and early labor market pathways of high school persisters and dropouts. In Z. Mirakhur (Chair), The promise of persistence: Expanding the evidence on high school completion. Paper presentation at the American Educational Research Association Annual Meeting. Online/Virtual.

Uretsky, M.C. & Henneberger, A.K. (2022, March). Identifying persisting students as a unique group of high school non-graduates in Maryland. Presentation at the State Longitudinal Data Systems Predicting P20W+ Outcomes Webinar. Online/Virtual.

Uretsky, M. & Henneberger, A.K. (2021, November). Identifying persisting students as a unique group of high school non-graduates in Maryland. Presentation at the State Longitudinal Data Systems Best Practices Conference. Online/Virtual.

Uretsky, M.C. & Henneberger, A.K. (2021, November). Expanding the understanding of high school non-graduates through a comparison of high school dropouts and persisters in Maryland. Presentation at the Maryland Longitudinal Data Systems Research Series. Online/Virtual.

Wallace, C., Ricks-Aherne, L., & Kusmaul, N. (2021, October). Practice considerations for trauma-informed care at end of life. Presentation at the Social Work Hospice and Palliative Care Network Summit. Online/Virtual.

Whitfield, D. L. (2021, October). Critical conversations: Strategies to educate and support LGBTQ emerging adults. Presentation at the University of Maryland Baltimore. Baltimore, MD.

Whitfield, D. L. (2022, February). Providing care and service to isolated LGBTQ older adults. Presentation to the Geriatric Interdisciplinary Assessment Team (GAIT) Project. Baltimore, MD.

Whitfield, D. L., Kim, M. E., Panichelli, M., Downey, M. M., Jacobs, L. A., Gartner, R. E., Kattari, S. K., Stuart-McQueen, S., & Mountz, S. E. (2021). Anti-carceral social work practice: Implications for practice, policy, and education. Presentation at the Council on Social Work Education annual meeting. Orlando, FL.

Whitfield, D. L., (2021). Behavioral compensation among Black men who have sex with men (MSM) enrolled in HIV Prevention Trials Network Study 073. Presentation at the Social of Social Work and Research annual meeting. Online/Virtual.

PRESS & MEDIA

BY BHWELL LAB FACULTY, STAFF & STUDENTS

2021

Angry men may actually have undiagnosed depression, CDC-funded study found, <u>Business Insider</u>

Man Therapy Michigan Destigmatize Men's Mental Health, eCurrent Magazine

Pandemic stressing Americans' mental health, data suggests

- Capital News Service (CNS)
- The Southern Maryland Chronicle
- The Daily Record Maryland
- Delaware Online
- AFRO
- Patch

COVID pandemic stressing Americans' mental health, data suggests, Delmarva Now

Handling of Pandemic stressing Americans' mental health, data suggests, <u>Southern Maryland Online</u>

Nursing Home Residents and Staff Working Through Trauma of the Pandemic, Wisconsin Public Radio. [NPR]

Retrieving the social sciences, Podcast Series of the Center for Social Science Scholarship at UMBC

US History Hides Clues about Child Care and the Fight for Reform, Federal Reserve Bank of Boston's Six Hundred Atlantic podcast

Women's Work: Women Bear the Brunt of the Child Care Crisis, Federal Reserve Bank of Boston's Six Hundred Atlantic podcast

What's the True Cost of Child Care Reform?: Change v. the Status Quo, Federal Reserve Bank of Boston's Six Hundred Atlantic podcast

2022

CMU collaborates on statewide program to reduce suicide in Michigan men, <u>Epicenter Mount Pleasant</u>

JPMorgan Chase Announces \$75 Million Commitment to Help Close the Racial Wealth Divide in Greater Washington, <u>JPMorgan Chase & Co.</u>

JPMorgan Chase Commits \$30 Million to Help Close Wealth, <u>Bloomberg News</u>

JPMorgan Chase will invest more than \$20 million in Baltimore low-cost loans, job training programs, The Baltimore Sun

PRESS & MEDIA 26

JPMorgan Chase doubles down on commitment to growing in, <u>Baltimore Business</u> <u>Journal</u>

JPMorgan Chase commits \$20M for Black and Latina women, Baltimore Fishbowl

JPMorgan Chase, Baltimore enter into partnership, WMAR ABC2 Baltimore

JPMorgan Chase commits \$20M to closing Baltimore's racial wealth gap, <u>The Daily Record, Maryland</u>

JPMorgan Chase awards \$5 million to Baltimore City, AFRO

University of Maryland, Baltimore & the POWER Collaborative, Patch

Journal spotlights research to improve financial well-being in vulnerable families, <u>Brown School Center for Social Development</u>

Sherraden, Huang help edit special journal issue (Dr. Christine Callahan is included as she as an editor), <u>The Source</u>

PRESS & MEDIA 27